

A breath of fresh air

A study by Dr. Bill Wolverton, a former research scientist at NASA, resulted in a comprehensive list of the most effective plants to remove toxic chemicals from our air.

NASA's recommendation is to have 15-18 good-sized houseplants in an 1,800 square foot (170 m²) home/workplace.

The 7 most effective plants for cleaning the air in your workspace



Chinese Evergreen

(*Aglaonema modestum*)

They are popular houseplants and ornamental plants for offices and shopping malls because they are among the easiest houseplants to grow.



Janet Craig Dracaena

(*Dracaena Deremensis*)

Janet Craig is one of the most popular Draceanas used indoors, likely due to its ability to grow in low light and tolerate considerable dryness.



Mother-in-Law's Tongue

(*Sansevieria Laurentii*)

Can withstand lots of light and sun. The sword-like leaves are fleshy and the plant has thick rootstocks, which means it can retain water well, making it a low maintenance product.



Spider Plant

(*Chlorophytum Comosum*)

Spider Plant is an impressive plant that's easy to care for, tolerates average room conditions. Spider plants look best in hanging baskets or on tall stands or pedestals.



Peace Lily (*Spathiphyllum 'Mauna Loa'*)

The Peace Lily is a striking plant when used in a massed display. They bloom in spring with long-lasting flowers that hover gracefully over the leaves on thin stalks.



Weeping Fig (*Ficus benjamina*)

It's easy to care for – all it needs is occasional watering and plenty of light. It is well suited for an indoor environment. Would look great in a home, office or conservatory. Fits in nicely with any décor.



Bamboo or Reed Palm (*Chamaedorea Seifritzii*)

Very easy to grow. Handles low light well and copes with people forgetting to water it. Parts of the plant are poisonous if ingested, so don't eat it!

For more information about creating a healthy clean workplace environment visit www.crestclean.co.nz

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